



# Mindekirken COMMUNICATOR

2024 November  
Issue 245#

A Monthly Newsletter of the Norwegian Lutheran Memorial Church - ELCA



## SAVE THE DATE

Make sure these events are on your calendar for November & December!



### Treasure Chest Sale

Nov 2 - 10:00 am - 2:00 pm  
Silent Auction 10:00 am - 1:00 pm



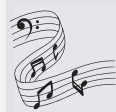
### Norwegian Service with Santa Lucia Pageant

December 8 - 11:00 am



### Lutefisk Dinner

Nov 23 - 12:30, 2:30, & 4:30 pm



### Nordic Choirs Julekonsert

December 15 - 4:00 pm



### Cookie Dugnad

November 30 - 10:00 am - 1:00 pm



### Christmas Eve Candlelight Service

December 24 - 4:00 pm



### Bake Sale

December 7 - 10:00 am - 2:00 pm



### Juletefest

December 28 - 2:00 pm

Norwegian Lutheran Memorial Church  
924 East 21st St., Minneapolis MN 55404-2952  
612-874-0716 | mindekirken.org  
Office Hours: 10 am - 3 pm Tuesday - Friday

# PASTOR'S HILSEN

## YOU RAISE ME UP



The most played song in this century, so far, is "You Raise Me Up" by the Norwegian composer Rolf Løvland.

The message of this song can also be a very clear message to us about our Christian faith. The one who raise us up again and again when we feel down and when sorrows are almost overwhelming us, is Jesus, he is the one who always is there.

The very first time this song was performed in public was in Rolf's mother's funeral.

We know what has happened with that song later. It has been performed almost every year when 9/11 has it's event remembering all those who died during that day.

And it is so popular every where, even in Asia , I heard it frequently when I was living in the Philippines.

I am in grief myself right now. Because my best friend in Norway is suffering from a severe brain damage, when I write this, I don't even know if he will ever wake up. But I know that Jesus is there, to raise him up, even if my friend might not ever be able to stand up by himself, Jesus will always be there for him.

Thank you Jesus for always being there and for always raising us up, no matter how deep we fall, or how deeply we grieve.

- Gunnar



## Need Pastoral Care?

The Mindekirken pastoral care team wants to care for you and your family as you walk through life's celebrations and challenges.

Please contact Pastor Gunnar Kristiansen at 1gunnarkristiansen@gmail.com or call 651-955-5359, or the church office at 612-874-0716 if you are hospitalized, having surgery, or are in need of pastoral support.

## Have a Prayer Request?

Prayer requests can be emailed to: 1gunnarkristiansen@gmail.com. All requests will remain confidential.

## HYMN BLOG BY GRACIA GRINDAL

Gracia Grindal's *Hymnfortheday.com*, a blog on hymns and the text for the coming Sunday, has a brief devotional and lots of information of favorite hymns, many from the Nordic countries. Go to the site and scroll down to the bottom of the page and you will find out how to sign up to receive the blog every week. You can search for information on your favorite hymns on the site as well.

## MISSION OF THE MONTH

**Global Refuge is the Mission of the Month for November.** Formerly known as Lutheran Immigration and Refugee Service, Global Refuge is the largest faith-based nonprofit in the United States dedicated to serving immigrants, asylum-seekers, and refugees. Families flee their homes for many reasons: conflict, persecution, human rights violations, growing violence toward and exclusion of Indigenous and African-descent communities, and natural disasters intensified by Earth's climate crisis. Lengthy periods of displacement in camps wear on the uprooted, affecting their health, access to education, and financial security. We must live out the calling of our faith by seeking justice, peace, and protection for our refugee and migrant siblings. Since World War II, Lutherans in the United States have been leading resettlement efforts, working hand in hand with the United States Refugee Admissions Program, and welcoming those who seek safety and security. Give online to Mindekirken Mission of the Month or designate it on your offering. Your generosity is appreciated!



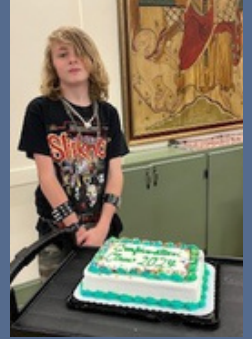
- Wendi S.

# SEPTEMBER RECAP



We had a wonderful **Confirmation celebration** at Mindekirken on Sunday, September 29. Our two wonderful confirmands were **Annelise Pratt** and **Henry Mitchell**.

The preparation time has been very nice, and I have come to love these two great teenagers. They are quite different, which is how it should be, God does not create replicas, only originals. Let us pray for both of them and let us hope that they both will have a great future.



## SUCCESSFUL POETRY CAFE

As part of this year's LEIF program, we celebrated Roseann Lloyd and her poetry at Norway House on October 12.

Four of her poet friends read her poems, and Cheryl Pashcke and her accompanist performed music on nyckelharpa and mandolin/guitar. Roseann also read a couple of her poems. Almost 50 people attended, and the event was a great success. Thank you Roseann for your beautiful poems!

- Gunnar



# VOLUNTEER



Interested in volunteering but don't know where to start? Please submit the form at [mindekirken.org/about-us](http://mindekirken.org/about-us) or contact us:

**Volunteer Coordinator, Synneva Bratland:**  
[volunteercoord@mindekirken.org](mailto:volunteercoord@mindekirken.org)  
**Church Office: (612) 874-0716**

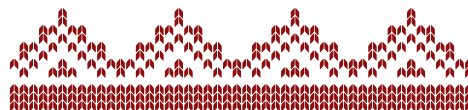
Interested in volunteering during a Sunday worship service? Please visit : [tinyurl.com/mindekirkensunday](http://tinyurl.com/mindekirkensunday) or scan the QR code below to sign up for a slot. No need to log in, just click "sign up" next to the available job.

## MINDEKIRKEN WEEKLY



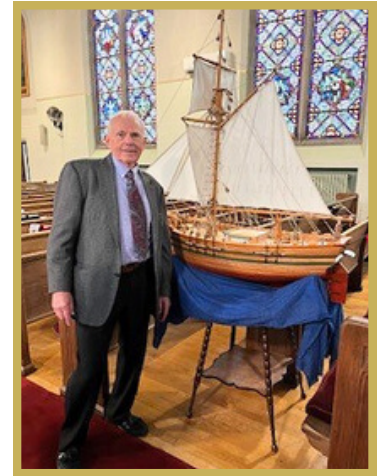
Want more Mindekirken? Scan the QR code or contact the office to sign up for our weekly emails and stay up to date!

Sign up can also be found on the bottom of all pages at [mindekirken.org](http://mindekirken.org)



# TRUSTEES REPORT

The ship Restauration replica that Hans Sandom created was installed in the sanctuary prior to the beginning of the Leif Erikson festival which started on Sunday, October 5. It is hung with 4 very thin wires, that you can hardly see, connected to an electric wench. We decided to leave it down on the special cradle that Hans made to bring it to the church, in order that the fine detail work could be seen, prior to lifting it about 9 feet above the center back aisle.



We are now in the process of re-positioning the camera and adding another camera as the view is obstructed, now with the ship.

While we had the hydraulic lift in the church, we decided to change the lighting that is high in the ceiling close to the front altar to LED cans. We were told that they would burn for 51,000 hours. The lighting panel that was installed along with it has several preset buttons, to change the lighting to center, each side or any combination.

We also installed a light to illuminate the painting that was gifted to us, on the front side of the church near the altar. It looks like it is illuminated from the back, but through the magic of lighting design, the light was adjusted to the shape of the painting.

We will be asking the Mindekirken Foundation to fund the lighting project.

We are asking for donations to the 2025 Centennial campaign to fund the ship and the ship hanging. Contributions of \$1000 or more will have their name engraved on a plaque, which is donated by Leslee Lane Hoyum, whose idea it was to have the ship, as many churches in Norway have this tradition.

The trustees have voted to remove the fans in the sanctuary, as it was determined they are not being used, after the mini-split air conditioners were installed. Curt Aaseng and Tom Lanman have volunteered to do this work.

If you are interested in becoming a trustee, or filling the open position of church treasurer contact Kris Grodahl or me.  
- Submitted by Nancy Olson, Trustee Chair

## NOVEMBER BIRTHDAYS

We will have cake at kirkekaffe on Sunday, November 24 to honor our November birthdays. Please join us in celebrating! If you have a birthday that's not listed, please notify the office so we can acknowledge your birthday.

11/6 Anne Benson	11/15 Carol Tierney
11/6 Sophia Benson	11/17 Finnley Henriksen-Myers
11/7 Vercel Fuglestad	11/19 Arne Selbyg
11/8 Kari Friel	11/20 Sharon Aaseng
11/10 Heidi Froseth	11/20 Peter Dyste
11/12 Haakon Deach	11/21 Rebecca Rodriguez
11/12 Freja Vevang	11/23 Ruby Irene Raub
11/14 Jeannette Henriksen	11/25 Leroy and Fay Sandven
11/14 Marit Kringstad	11/25 Arlen Thorsgaard
11/14 Bente Madson	11/26 Maureen Austinson
11/14 Tom Peterson	11/29 Liz Crouch
	11/28 Ethan Bjelland-Hagberg



## COMMUNITY EVENT



### Good Treble

Music of Solidarity, Gratitude and Praise

Featuring Norwegian composer Kim André Arnesen's stunning **Magnificat** for treble voices with organist Joel Anderson and soprano Jennifer Sylvester

Join us as we unveil the newly refurbished organ at Path of Grace!

**Saturday, November 16, 7:30 pm**  
**Sunday, November 17, 2:30 pm**

Path of Grace United Methodist Church  
759 East County Road B  
Maplewood, MN  
Suggested donation \$20



# IN REMEMBRANCE



**FINN IVAR WOLDEN HENRIKSEN**

April 1, 1937 - September 30, 2024

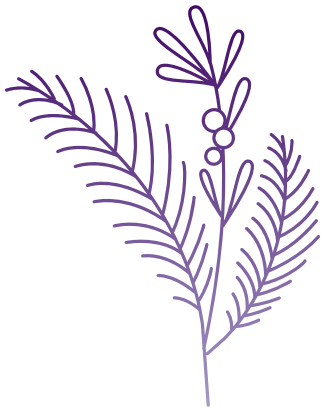
Finn was a soft spoken, kind, and hard-working man with a dry sense of humor, who was dearly loved by his close-knit family. He was an avid reader, a music lover, a great dancer, an occasional hunter, enjoyed fishing, loved the outdoors, and never said "no" to ice cream. He was a long-time member of Torske Klubben, NATS (Norwegian American Technical Society), Kontakt, and Mindekirken.



**ROLF ALEXANDER GIERE**

July 27, 1926 - August 15, 2024

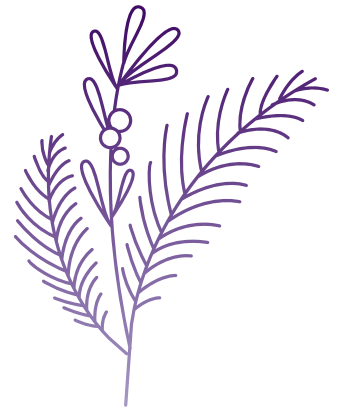
Rolf was an avid traveler, making many new friends on his trips across the U.S. and Europe. He was an energetic uncle who truly enjoyed playing with young nieces and nephews no matter how silly or even demeaning the game. He was also the patient voice of reason and good counsel to us as we aged.



**MURIEL IRENE PEDERSON RICE**

March 29, 1938 - August 31, 2024

Muriel was known for her steel-trap memory, quick wit, night-owl habits, beautiful handwriting, and appreciation for her Norwegian heritage (97%, according to her Ancestry.com DNA test). She loved visiting family, shopping downtown at Dayton's, baking chocolate chip cookies, making foil dinners on the grill, enjoying the sunshine, and reading seemingly every word of the newspaper daily.



## SUNDAYS' 10:00 HOUR

*Please join us for the "in between" hour on Sundays at 10am*

**Norskeklubben:** No norskeklubben in November so families can participate in Santa Lucia rehearsals

### Sunday, November 3

**Sunday Forum:** "In the Mindekirken Window: Olaf Luther, and Hauge in art" by Kristin Anderson. Explore the history of art depicting the three men in Mindekirken's back window: St. Olaf, Martin Luther, and Hans Nielsen Hauge. (See separate announcement in this issue for more information.)

### Sunday, November 10

There will be **NO TOUR** this Sunday due to off-site worship at Latvian Evangelical Lutheran Church of Minneapolis-St. Paul.

### Sunday, November 17

**Introduction to Sunday's Norwegian Gudstjeneste Service:** Please join us for our class designed to help visitors and members alike better understand and participate in our Norwegian Sunday services. This class will introduce participants to key Norwegian words, concepts, and music used in the services, as well as delve into the history and changes to worship services over the years. Each class is different, so past participants will continue to find this informative. (The Intro. to Worship in Norwegian class is provided on the third Sunday of each month.)

### Sunday, November 24

**Norwegian Pronunciation Practice:** Please join us for our class specifically designed to help non-native Norwegian speakers with their pronunciation skills. In this class, you will receive lessons in pronunciation and learn skills that you can immediately apply in the 11am church service. All skill levels are welcome. The class is free. No registration is required. (This class is held on the fourth Sunday of each month.)

# UPCOMING EVENTS

## Santa Lucia Pageant

Calling all children for the Santa Lucia Pageant!



Rehearsals begin Sunday, November 3 at 1pm. Children of all ages (pre-K through high school) are welcome. Participation is free. The pageant will be held at the 11am service on Sunday, December 8.

To register, or for more information, visit, <https://www.mindekirken.org/lucia>

## Mindekirken Lutefisk Dinner, Saturday November 23

Attention all lutefisk lovers!

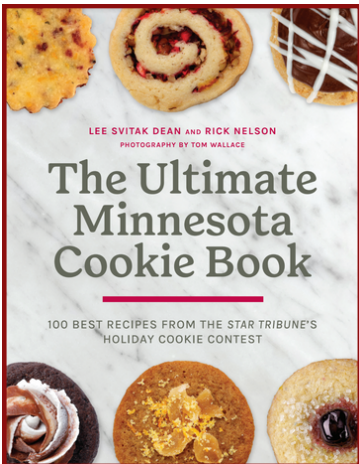


We are now accepting reservations for Mindekirken's annual Lutefisk Dinner, which will be held on Saturday, November 23. Reservations may be made online by visiting [www.mindekirken.org](http://www.mindekirken.org), and scrolling down to "Upcoming Events". Reservations may also be made by calling the church office. Serving times will be 12:30, 2:30, and 4:30. Ticket prices are: Adult \$27; Child 7-12 \$13; 6 and under free. Spaces are selling fast, so get your reservation in soon!

## Sunday Forum, 10am November 3

"In the Mindekirken Window: Olaf, Luther, and Hauge in art"

2024 marks an interesting alignment of anniversaries for the three men in Mindekirken's back window. It is the 1000th anniversary of St. Olaf bringing Christianity to Norway, the 500th anniversary of Luther's first hymnal and the 200th anniversary of Hauge's death. In recognition of these events, Dr. Kristin Anderson – a well-known local art historian – will return to Mindekirken to give us a look at these figures in art history, exploring their portrayal in other settings, including paintings, prints, and sculpture made over the centuries in Europe and America



## The Ultimate Minnesota Cookie Book

Saturday, November 16, 1 to 3 PM

Lee Dean and Rick Nelson have made the holidays even brighter by taking 113 of the best cookie recipes from the Star Tribune's two decades of cookie contests and putting them together into one cookbook.

Lee is the former food editor of the Taste section of the Minnesota Star Tribune. Rick Nelson is the restaurant critic and food writer. Together, they have tested, tasted, and edited their way through a multitude of cookie recipes. They will speak about their experiences and the process of selecting the best recipes each year, then how they determined the best of the best to be included in their latest cookbook. They will also share tips on how to bake the best cookies possible and speak about the importance of food and memories.

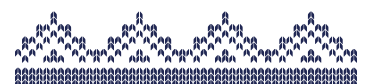
## Cookie Dugnad Saturday November 30

Join us for a delightful baking session featuring sandbakkels, and possibly krumkaker and rosettes. We're getting ready for the Bake Sale! It's a wonderful chance to learn how to create delicious Norwegian cookies.



## SAVE THE DATE: JULEBORD 2025

Mark your calendars! The annual Mindekirken Foundation Julebord will be held on Sunday, January 12, 2025.



# TUESDAY OPEN HOUSE

## Schedule

10:30 a.m. Doors open  
11-11:30 Lunch served  
11:45 Announcements & Brief Devotion  
12-1 Program

### RESERVATIONS

Please make a reservation by emailing  
reservations@mindekirken.org  
or call (612) 874-0716 option 8

*Arrive early to find a seat, enjoy coffee, and socialize before lunch starts.  
A donation of \$10 is requested at the entrance to the Fellowship Hall.*

**WEATHER CANCELLATION:** In case of a snow event, check [www.mindekirken.org](http://www.mindekirken.org) or call the office for updates before coming

## November 5

**Colleges: Roots and Branches — A Very Brief History of the ELCA Lutheran Colleges**

**Presenter: Phil Holtan**



Pastor Phil Holtan, campus pastor and woodturner, will make a presentation on the ELCA Lutheran Colleges, especially the Midwestern ones, with special interest to the reasons for their founding and how they featured in the changes of their sponsoring churches. Some of those stories are pretty wild. Why did the Lutherans start their colleges? To train pastors for the hordes of arriving immigrants, to keep their ethnic identity, and to prepare their children for the new society. The ELCA's story, all the ethnic streams and the series of changes, growth, splits and mergers, can be well illustrated by the colleges' stories. These Lutheran schools continue to have an excellent reputation for academic excellence, service to their regions, and a close but free relationship to the church that includes a strong prophetic, educational and cultural presence.

## November 12

**Olsen Fish Company Over a Century Preserving The Tradition of Lutefisk and Herring**

**Presenter: Chris Dorff**



Chris Dorff, the president of Olsen Fish Company, will present the history of Olsen Fish and their traditions as the largest producer of Lutefisk in North America. He will share some of the history of the product and how it has evolved over the decades. The process of making lutefisk will intrigue many. He will also share how they have become one of the leading herring producers in the US and what makes their herring so special. There will be a delicious herring buffet set up for all to sample and enjoy.

## November 19

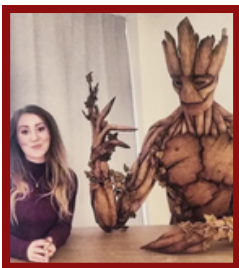
**Changing Lives | Presenter: Phil Blom**



Water To Thrive works to bring clean, safe water to those living in rural communities in Ethiopia, Uganda, and Tanzania. Water is essential and helps to overcome more than 85% of childhood diseases, and over the course of fifteen years, this program has built 1,900 wells and changed 900,000 lives forever. Pastor Phil Blom will share stories of how building wells has given communities the opportunity to thrive, not just survive.

## November 26

**Gingerbread Like You Have Never Seen it Before! | Presenter: Carolyn Eriksson**



Carolyn Eriksson is a creative artist and sculptor currently based in Oslo, Norway. In recent years she has gotten international recognition for her gingerbread sculptures depicting pop culture characters, as well as collaborations with companies such as Playstation and Freia. Caroline's work has been featured in books and magazines all over the world. In 2016 she built "Norway's biggest chocolate house" for Freia, live in the Oslo city center, and just last year had 5 chocolate houses featured in their Christmas ad campaign. In 2021 Caroline collaborated with Playstation Sweden, Nordisk Film and Webhallen to create an exhibition consisting of 4 popular Playstation game characters in gingerbread for a marketing event. The exhibition was open to the public for 1 month in the center of Stockholm. This year Norway House has brought Caroline to the USA (her first visit!) so that she can bring one of her fabulous sculptures to life during Gingerbread Wonderland. Be sure to visit so that you can see her process. The sculpture will be finished in time for Julefest on December 4th.



Mindekirken  
Norwegian Language & Culture Program

Join us on a language adventure!

Language classes meet for 2 hours a week for 10 weeks.  
We offer three 10-week terms per year.

**2024/2025 Term Start Dates:**

**Fall - September 9th**

**Winter - January 6th**

**Spring - March 24th**



Connect with us, learn more about our program and register for classes at [www.mnlcp.org](http://www.mnlcp.org) - **Velkommen til oss!**



**MATFESTIVALEN**

*The Norwegian Food Festival*

NOV 8 - NOV 23

A COLLABORATION OF:



Mindekirken



Norway House

Friday  
Nov 8

@NH Lutefiskfestivalen: Modern upscale Norwegian lutefisk evening

Saturday  
Nov 9

@NH Lefse + pultost "Viking cheese" class  
@NH Lutefiskfestivalen

Tuesday  
Nov 12

@MK TOH speaker Chris Dorff of Olsen Fish Co.  
@MK Pizzakveld: Family pizza class w/MNLCP

Wednesday  
Nov 13

@NH BARN Food industry networking reception  
@NH Online cooking classes

Thursday  
Nov 14

@NH Cookie decorating w/Pre-K Barnehage  
@MK & NH In-person cooking classes

Saturday  
Nov 16

@MK Cookbook event w/Lee Dean & Rick Nelson  
@NH Daughters of Norway krumkake workshop

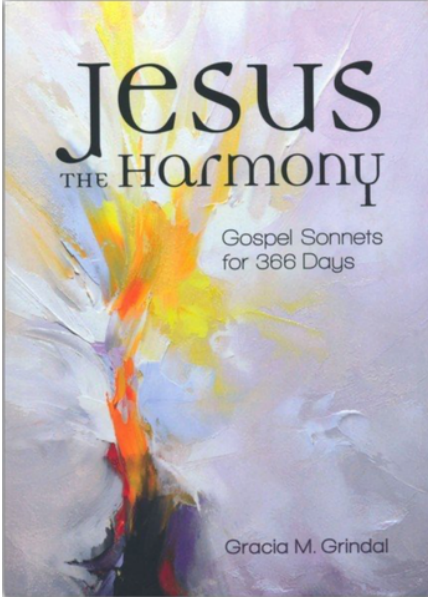
Saturday  
Nov 23

@MK Lutefisk & Meatball Dinner

**NorwayHouse.org/Matfestivalen**



# SPONSORS



This will make a good Christmas present: A daily devotional book for the year, 366 poems on the life of Jesus from his birth to his resurrection. In reading the story of Jesus' life and reflecting on it in the poems, plus by reading the suggested Bible passages, one gets a sense for the way in which Jesus is the fulfillment of the law and prophets. Available at [FortressPress.com](http://FortressPress.com) or [amazon.com](http://amazon.com), as either a print or electronic book.



Gracia Grindal

## Become a Communicator Sponsor!

To help support this publication, space is available to share your business card with over 1800 subscribers in your target market! We ask for a donation of \$50 per issue or \$140 for 3 months.

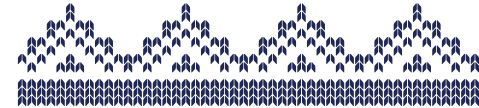
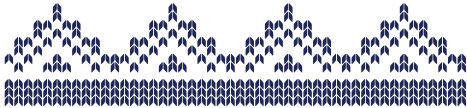
Email [office@mindekirken.org](mailto:office@mindekirken.org) for more information.

## William K. Wangenstein ATTORNEY AT LAW

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## MINDEKIRKEN STAFF

### PASTOR

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### MUSIC STAFF

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Hui Chen: Organist  
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Charlotte Breivik: Husmor (Kitchen  
Coordinator)  
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Terry Parker: Facility Coordinator  
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Curt Aaseng: Bookkeeper  
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Synneva Bratland: Volunteer Coordinator &  
Program Development  
[volunteercoord@mindekirken.org](mailto:volunteercoord@mindekirken.org)

## Mindekirken 2024 Congregational Council

### Executive Committee

Kirsti Grodahl, *President*  
Gracia Grindal, *Vice President*  
Jennifer Thue, *Secretary*  
Gunnar Kristiansen, *Pastor*

Jennifer Thue & Nancy Olson, *Treasurer*  
Nancy Sand Olson, *Trustees Chair*  
Nancy Watkins, *Deacons Chair*

### Trustees

Toby Hillmann  
Tom Lanman  
Tom Peterson  
Doug Watkins

### Deacons

Laurie Agrimson  
Erik Pratt  
Lynndelle Pratt  
Wendi Storhoff

# BAKE SALE

*Presented by Mindekirken's Alle Kvinner*

**Saturday December 7**

**10 am - 2 pm**

**No reservations necessary**

**Cafeteria seating, first come first served**

Norwegian specialty cookies:

***Rosettes, sandbakkelse, brunkaker, krumkaker, etc.***

Cafeteria serving warm ***Rømmegrøt*** (cream porridge with sugar and cinnamon) includes coffee and a slice of ***Julekake*** (Christmas fruit bread) 10:30 a.m. — 1 p.m.

Book sale & Raffle

Norwegian chocolates and candies

Gift items & cookbooks

Mindekirken - The Norwegian Lutheran Memorial Church

924 E 21st St, Minneapolis, MN 55404-2952

612-874-0716 | [www.mindekirken.org](http://www.mindekirken.org) | [office@mindekirken.org](mailto:office@mindekirken.org)



# Lutefisk Dinner Fall 2024

Presented by Mindekirken

Saturday, November 23

Three seatings: 12:30, 2:30, 4:30

\$27 (\$13 ages 7-12, free ages 6 & under)

Featuring: Lutefisk, meatballs, coleslaw, lefse, potatoes, coffee & dessert

For tickets, scan QR code or visit [mindekirken.org](http://mindekirken.org)

No internet? Call the office (612) 874-0716 and press 8 for the reservation line



**Mindekirken**

The Norwegian Lutheran Memorial Church

924 E 21st St  
Minneapolis MN 55404

# November 2024

The Norwegian Lutheran Memorial Church  
MINDEKIRKEN COMMUNICATOR  
924 E 21st St  
Minneapolis, MN 55404-2952

**Return Service Requested**

## NOVEMBER WORSHIP SCHEDULE

### - November 3 -

9 am English Service with Communion  
10 am Sunday Forum  
11 am Norwegian Service with Communion

### - November 10 -

#### **OFF-SITE SERVICE AT LATVIAN EVANGELICAL LUTHERAN CHURCH OF MINNEAPOLIS-ST. PAUL**

We will worship with our friends at the Latvian Church during an 11 am service. Music by the Mindekirken Choir, sermon by Pr Jorunn Raddum.

**3152 17th Avenue South  
Minneapolis, MN 55407**  
*No 10 am Church Tour*

### - November 17 -

9 am English Service with Communion  
10 am Intro to Gudstjeneste in Norwegian Service  
11 am Norwegian Service with Communion

### - November 24 -

*No 9 am Service*  
10 am Norwegian Pronunciation Practice  
11 am Bilingual Family Service

### COMMUNICATOR MAILING

If you would like to receive an emailed copy of the Communicator in lieu of the mailed paper edition, please contact [office@mindekirken.org](mailto:office@mindekirken.org). The Communicator is also available on our website, along with past editions. Please also contact the office for any address changes or requests.

## SUNDAYS AT 10

### - November 3 -

**Sunday Forum:** 2024 marks an interesting alignment of anniversaries for the three men in Mindekirken's back window. It is the 1000th anniversary of St. Olaf bringing Christianity to Norway, the 500th anniversary of Luther's first hymnal and the 200th anniversary of Hauge's death. In recognition of these events, Dr. Kristin Anderson – a well-known local art historian – will return to Mindekirken to give us a look at these figures in art history, exploring their portrayal in other settings, including paintings, prints, and sculpture made over the centuries in Europe and America

### - November 10 -

**THERE WILL BE NO CHURCH TOUR THIS SUNDAY**

### - November 17 -

**Introduction to Gudstjeneste in Norwegian Service:** Designed to help visitors and members alike better understand and participate in our Norwegian worship services. This class will introduce participants to key Norwegian words, concepts, and music used in the services, as well as delve into the history and changes to worship services over the years. Each class is different. October's class will be led by Erik Pratt and will focus on walking through the service and answer questions from participants.

### - November 24 -

**Norwegian Pronunciation Practice:** Specifically designed to help non-native Norwegian speakers with their pronunciation skills. In this class, you will receive lessons in pronunciation and learn skills that you can immediately apply in the 11am church service. All skill levels are welcome. The class is free. No registration is required.

**Norskeklubben:** For more information and registration, visit [mnlcp.org](http://mnlcp.org)